



SARTHAK NAAI MARCH BULLETIN 2020

WHO WE ARE?

A Civil Society Organisation working since 2008 to empower Persons with Disabilities in India.



WHAT DO WE DO?

- Vocational Skill building
- Sustainable Job Opportunities
- Mainstream Children with Special Needs



MARCH HIGHLIGHT

Press Conference in Lucknow
NAAI Training- International
Abilympics 2021

EMPLOYMENT ENGAGEMENT

SAMAGAM IN LUCKNOW

INTERNATIONAL WHEEL CHAIR DAY

Highlight of the Month

Sarthak Samagam at Lucknow Center

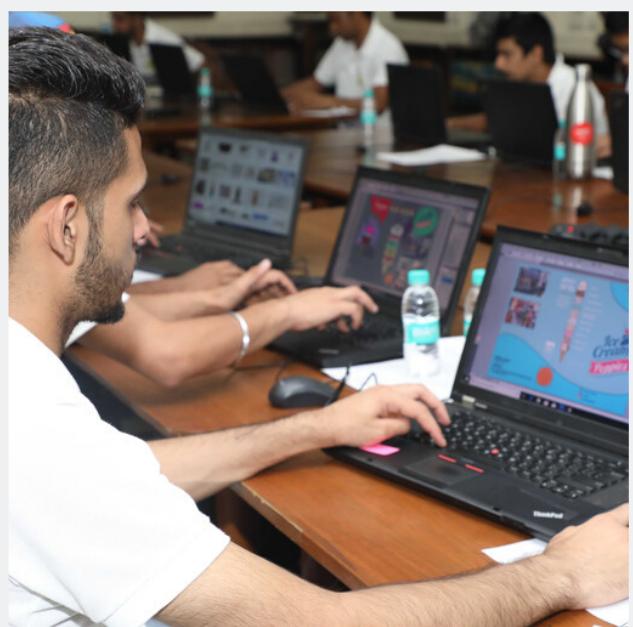


Sarthak Educational Trust and **National Abilympics Association of India** organized **Samagam in Lucknow, Uttar Pradesh** on March 14 with an intent to provide a platform to various stakeholders to discuss and strategize required initiatives for disability inclusive development. **Shri Lov Verma, Former Secretary, DePWD and Sarthak National Advisory Board Member** graced the event with his presence and interacted with Alumni, media and corporate partners.

NAAI Training for International Abilympics

National Abilympics Association of India and **Sarthak Educational Trust** organised a training camp for upcoming **International Abilympics** scheduled on **May 2021** in Moscow, Russia.

Top two candidates were invited from the National Abilympics winners of 2018 and 2019. This was the first camp which was held in New Delhi with the idea to assess the participants and prepare them for upcoming International Abilympics. For each skill, different experts from academia, universities, and the corporate world were engaged to guide and train the participants.



Stakeholder Outreach

Sarthak Alumni in World Trade Center-Mumbai



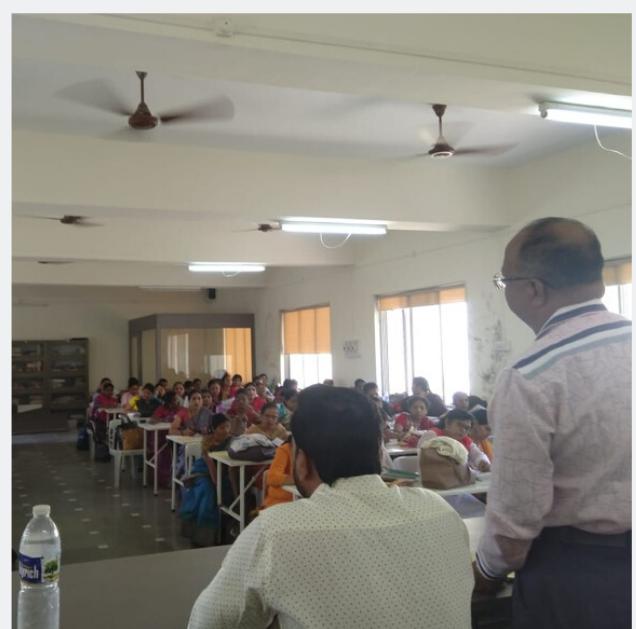
On the eve of International Womens day, **Ms. Rupa Naik, Senior Director, World Trade Center Mumbai** invited Sarthak alumni and felicitated them during the session "Empower Women to access global market" in the presence of dignitaries namely Ms. Chandra Iyengar, Former Secretary, Women and Child development, Govt of Maharashtra and Mr. Ramesh Chandra, IRS Commissioner, CGST, GOI.

Session with the Community Mobilizers at Pune

During the session at **Social Welfare Development Department Pune**, an interactive session was conducted with the community mobilizers.

In the session the mobilizers were informed about the work and initiatives of Sarthak Educational Trust.

Over 100+ community mobilizers were present during the session.



Centers in Progress

AGC Networks in Sarthak Centers



Employees from **AGC Networks Ltd** visited Sarthak Centers in **Pune and Kolkata** and briefed the students about employment skills and gave tips for enhancing their **interview skills, Personality Development, CV Preparation, Communication Skills and Financial Literacy**.

They also encouraged the students to stay positive and happy.

International Wheel Chair Day Celebration

Sarthak celebrated **International Wheelchair Day** across the centers and set a reminder and opportunity for wheelchair users to celebrate the positive impact wheelchairs have on their lives. The motive behind the celebration was to create awareness about the mobility issues wheelchair bound individuals face on day to day basis and how we can make our environment more accessible for them. In this series, teams across centers included maximum participation from trainees and organized a **painting competition** and **silent march**.



Neetu: Healing hands

She remembers them distinctly, the colour of sky on a clear day, the fiery red hibiscus flowers in a tin container at home or the green frock her mother had bought on her eighth birthday.

At 35, **Neetu** still asks her mother to choose her clothes. Not only because she loves her but also because her mother can see the colours and she can't.

"Of course I tell her what styles I want. For example on a relaxed day, I could wear a salwar kameez but when I have things to carry in my backpack or I have a hospital's appointment to attend to, I prefer jeans," she says with a smile. A pink lipstick has been put carefully and lovely orange nail paint, sits pretty on her dainty fingernails.

"I love my job. The fact that so many people ask for me, that they wait for their turn to see me feels great. But what I love most is to think that they get rid of their pains and relax", she confesses.

Neetu works as a **female therapist** at **PayU office** in **Gurgaon**, five days a week. The women employees line up to get a quick neck and shoulder massage. On Saturdays she works from 9 to 5 at **C K Birla hospital** as a **medical tactile examiner**.

I got trained in '**Tactile Breast Examination**' (TBE) technique, she says with confidence. Pioneered by Dr Frank Hoffmann, the internationally accepted Discovering Hands concept uses the exceptional sensory skills of visually impaired women for manual breast health screening. This helps with early detection of cancer, she smiles.

But she didn't smile as often till about a decade back, shares Neetu. As a school girl in **Hapur in Uttar Pradesh**, she was always happy to go to school. But that was only till class five, she shares. Because post that, she began losing her eyesight gradually, because of Optic Atrophy. The doctor advised her not to strain her eyes but Neetu couldn't think of not studying. She always looked for brighter areas in class where she could see better, avoided telling her parents how she was slowly not being able to see their faces clearly. *"It was a sinking feeling to think I was slowly losing everything that was comforting and familiar"*, she says. Post her class 10th exams, Neetu knew she couldn't study any longer as she had lost her eyesight completely by then. For a young girl full of dreams and hopes, it was a cruel blow. *"My world was suddenly plunged in darkness. It was a very difficult phase. What made it worse was the fact that I was at home, always"* she recalls.

After years of sitting at home trying to keep negativity out, when she finally heard of a training centre for blind women like her in Delhi's Hauz Khas, she was determined to join it. From her small protected world, it was a big change but Neetu was beginning to dream again. She also completed her class 12th.

Soon after, she heard of **Sarthak Educational Trust** which helped her with a job placement at PayU, where she has now been working for three years. *"When I spent endless days at my village, hoping this misery would end, I couldn't even imagine life could be this meaningful. It feels great to be independent. I live in a paying guest accommodation in Guragon and travel to work on my own. I am no different from any other working woman now"*, she says with confidence.

Sarthak in Media

दिव्यांगजन के लिए नौकरी के अवसरों को सुनिष्ठित करने का 5वां स्थापना दिवस

लखनऊ। आलमबाग, खनऊ स्थित सार्थक के संभावित दोनों में से एक, सार्थक कौशल कास केंद्र और एनएसटीसी द्वारा संरचित, द हस फड़न्डेशन तथा 2015 से उत्तर प्रदेश सरकार कलांग व्यक्तियों के व्यावसायिक विकास और रोजगार के वसरों की दिशा में निरन्तर कार्यरही है। 5 वर्षों की अपनी यात्रा दौरान यह संगठन भारत के व्यांगनों की डिजिटल साक्षरता डैने के लिए आईटी, खुदारा और सार्थक वित्तीय क्षेत्र में निःशुल्क प्रशिक्षण देने कर रहा है।



जैसे कार्पोरेट हाउसों में 750 विकलांग व्यक्तियों को सफलतापूर्वक सभा गया है।

उत्तर प्रदेश में 4157514 विकलांग व्यक्तियों जनगणना के आंकड़ों में से आयु वर्ग (20-29) के 669835 व्यक्ति विकलांग हैं।

इसलिए उनके समावेशन की

आवश्यकता स्पष्ट है और इस तरह व्यावसायिक प्रशिक्षण और रोजगार सहायता प्रदान करने के लिए ऐसे केंद्र स्थापित करना एक महत्वपूर्ण कदम है। सार्थक इस तरह की परिचर्चा और विभिन्न कार्यक्रमों के माध्यम से सशक्त राष्ट्र बनाने के लिए प्रमुख हितधारकों द्वारा अपनाये जाने वाले सक्रिय दृष्टिकोण की आवश्यकता पर जोर देते हैं।

सार्थक एजुकेशनल ट्रस्ट और एनएपआई एक दशक से लगातार देश के 30 मिलियन विकलांग व्यक्तियों को रोजगार प्रदान करने और उनकी उद्यमशीलता की क्षमता को बढ़ाने के मुद्दे को उत्तमाधार करने का प्रयास कर रहे हैं। सार्थक ने 18 कौशल विकास केंद्रों के माध्यम से 1000 से अधिक कार्पोरेट हाउसों के समर्थन से लगभग 18000 से अधिक पीडब्ल्यूटी को सशक्त बनाया है।

750 दिव्यांगजनों को रोजगार के अवसर

स्थापना दिवस

ਲੁਖਨਾਂ | ਜਿਜ ਲੰਗਾਦਾਤਾ

दिव्यांगजनों के सशक्तीकरण के लिए कार्य करने वाली संस्था सार्थक ने उप्र में दिव्यांगजनों के कौशल विकास व रोजगार प्रशिक्षण कार्यक्रम के पांच साल पूरे होने पर स्थापना दिवस समारोह मनाया। समारोह में मुख्य अतिथि के रूप में दिव्यांगजन सशक्तीकरण विभाग के पर्व सचिव लव वर्मा शामिल हुए।

अपने संबोधन में उन्होंने संस्था द्वारा दिव्यांगजनों के लिए किए जा रहे कार्यों की प्रशंसा की। इस मौके पर संस्था से प्रशिक्षण प्राप्त करने के बाद बीपीओ, रिटेल व हॉस्पिटेलिटी सेक्टर में रोजगार

पाने वाले दिव्यांगजनों ने अपने अनुभवों को साझा किया। सोलर पार्ट्स बनाने वाली फर्म में नौकरी पाने वाले सईद अनंवर ने बताया कि संस्था से प्रशिक्षण प्राप्त करने के बाद उनका जीवन ही बदल गया। बीपीओ सेक्टर में नौकरी पाने वाली ज्योति और अधिकरे ने अपने अनुभव साझा किए। सीईओ डॉ. सारथक अग्रवाल वडों सुमन अग्रवाल ने बताया कि बीटे पांच वर्षों से संस्था की ओर से चलाए जा रहे प्रशिक्षण कार्यक्रमों में एक हजार दिव्यांगजन प्रशिक्षण प्राप्त कर चुके हैं। जिनमें से 750 बीपीओ, रिटेल व हाउस्प्रेटेलिटी सेक्टर में रोजगार प्राप्त कर चुके हैं। यहीं नहीं सारथक ने हाल ही में विकलांगता सूचना पोर्टल www.sarthakindia.org की शुरूआत की है।

ਲਖਨਾਤੁ ਨੇ ਦਿਵਾਂਗਜਨ ਕੇ ਲਿਏ ਨੌਕਰੀ ਦੇ ਅਵਸਰਾਂ
ਕੋ ਸੁਨਿਹਿਤ ਕਰਨੇ ਦਾ 5ਵਾਂ ਸਥਾਪਨਾ ਦਿਵਸ

Commemorating 5 years of ensuring Job opportunities to Divyangjan in Lucknow

Lucknow : Sarthak Kaushal Vikas Kendra, one of the potential centers of Sarthak located at Alambagh, Lucknow and supported by NSDC, The Hans Foundation and the Government of Uttar Pradesh is working towards vocational skill building and Sustainable employment opportunities of Persons with Disabilities since 2015. Embarking its journey of 5 years, the organisation is providing free of cost training in IT, Retail and Hospitality sector to enhance the digital literacy of Persons with Disabilities in India. Availing the benefits of training, more than 1044 PwDs have been trained from the adjoining cities of Lucknow namely Banaras, Allahabad, Kanpur, Gorakhpur etc and 750 Persons with Disabilities have been successfully placed in leading corporate houses namely Vishal Mega Mart, Amazon, Aegis, Raddison, Hotel Pinnacle and many others. Looking at the census data of divyangjans in Uttar Pradesh, 41,57,514 persons are disabled out of which 669,835 are of age group 20-60.

(20-29). Hence, the need for their inclusion is quite evident, and thus setting up more such centers, where not only vocational training but also employment support is provided, is a significant step.



Sarthak through such interactions and various advocacy

Portal at
www.sarthakindia.org.tar-

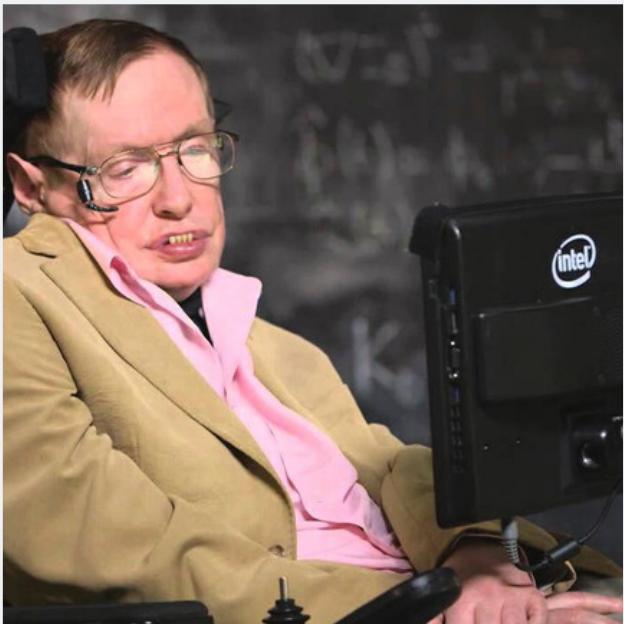
In order to transform the dreams of many such divyangjans, Sarthak calls for support from various stakeholders such as Government and various advocacy groups to emphasize on need of proactive approach which needs to be adopted by prime stakeholders to build an empowered nation.

Sarthak Educational Trust and NAAI have been trying persistently for over a decade to highlight the issue of nearly 30 million Persons with Disabilities in the country, empowering them to find jobs and unleash their entrepreneurial potential. Sarthak through 18 skill building centers have empowered more than 18000 PwDs with the support of 1000+ corporate houses. Government, Corporate, Civil Society, Academicians, Researchers, and families to ensure Persons with disabilities appeal to Government for divyang Corporate to act forward in providing required support system equally request my root incorrect no

Looking back, one such success story is of Mohd Rizwan, Hearing impaired candidate from Alambagh, Lucknow whose tireless efforts during the training turned his dreams into reality.

and Disability Information New Delhi, India in 2024.

Inspirational Role Models



In 1963, Hawking contracted motor neuron disease and was given two years to live. Yet he went on to Cambridge to become a brilliant researcher and Professorial Fellow at Gonville and Caius College. The late Stephen Hawking is an icon of modern physics. As well as inspiring generations of scientists, his contributions have changed our understanding of the universe. Hawking was the first to set out a theory of cosmology explained by a union of the general theory of relativity and quantum mechanics

Alex Zanardi is a Formula 1 driver, a two-time CART series winner, an innovator, an athlete, a gold-medal winner at the Paralympics, but above all, a man with a true champion's attitude. He started his career as a racing driver, but an on-track accident, because of which he lost both of his legs, changed his life forever. But, this didn't stop him from being competitive, and most importantly, didn't deprive him of the will to live. This "extraordinary human-being" has an exceptional story, where he has fought to stand up on his legs, all over again.



Arunima Sinha, the first amputee in the world to climb Mount Everest, had a tough life. No wonder that this woman has achieved feats that no one would have even imagined! Arunima was a National level Volleyball player when this tragedy happened and she lost her leg. Losing her leg in the accident was the turning point of her life but she made the best out of it. Without losing her self confidence and keeping a smile on her face she decided to climb the highest peak in the world and conquered.